



Event Details

LO300 2026

V01/2026-07-06

LO300

Fri., July 10th & Sat., July 11th to Tue., July 14th

LOOR SHTR/LO300 FLAG CEREMONY

Sat. July 18th

[Main Duck Course \(MDC\) Official Notice Board \(ONB\)](#)



[Scotch Bonnet Course \(SBC\) Official Notice Board \(ONB\)](#)



PCYC SLIP REQUEST

If you need a slip at PCYC, please request it by the dead line, noon, on Wednesday, July 8th using the following link: [PCYC SLIP REQUEST](#).

Key points:

- Even if planning just to dock on the wall overnight, a request to that is a must.
- PCYC appreciates early submission to properly plan.

PCYC PARKING

Whether parking for Friday or the duration of the entire race, please park in the marine yard or adjacent City of Mississauga lot for the Lakefront Promenade Park. If doing the latter, please request at in-person Check-in for a parking notice that you can place on the dash for the duration to avoid being ticketed.

LOOR SHTR/LO300 FLAG CEREMONY – Sat., July 18th at LSYC

If you want to purchase the Flag Ceremony Dinner, this must be done by 19:00 EDT, Tuesday, July 14th [HERE](#).

Remember this is a BYOB event, i.e., no bar service.

Payment in advance of **\$38.00 + HST** (Total: \$42.94) required by 19:00 EDT Tuesday, July 14th via eTransfer to terencewkuehn@gmail.com. Full details, including menu, below.

CURRENT CREW DATA

While we hope the information is never needed, please ensure the crew information is accurate and reflects souls on board during the race. The Person-in-Charge is a crew. This includes *emergency contact phone number* not being the phone number of the individual themselves or someone else on board. Old fashion land lines may be an exception.

LO300 TEAM TROPHY

The LO300 Team Trophy is back. The details are available [HERE](#).

PURCHASE ADDITIONAL RAFFLE TICKETS IN SUPPORT OF LOOR AND BROAD REACH.

While each participating crew, including the Person-in-Charge, will receive a ticket to be dropped on their raffle prize of their choice, everyone is welcome to purchase additional tickets from 12:00 – 19:00 from the [Broad Reach](#) Booth.

Mount Gay x CHK Rum Pour Hosted by Will French of [CHK Real Estate](#)

Enjoy complimentary cocktail on the west boardwalk of PCYC between 14:00 to 19:30, Collect Mount Gay Swag and enter for a chance to win a bottle of Mount Gay XO! Winner will be announced at the Participants Meeting. Must enter the draw at the CHK Tent by 18:30pm.

FOGH BOAT SUPPLIES will be on site to service your needs

The Following Organizations and Sponsors Will Have Tents

- Will French of [CHK Real Estate](#) hosted Rum Pour
- [Fogh Boat Supplies](#) with chandlery services
- [Broad Reach](#) selling raffle tickets in support of LOOR & Broad Reach
- [Toronto Search and Rescue - Marine](#)
- [C-Tow](#)
- [Indie Marine](#)

Please drop by and say thanks

SCHEDULE DETAILS

FRIDAY – July 10th

START	END	ACTIVITY
10:00	17:30	Mandatory Pre-race Check-in Lakeshore Rooms in the PCYC Clubhouse
11:30		PCYC Chart Room opens (Limited menu available from 17:00 to 22:00)
12:00	19:00	Additional Raffle Ticket purchase in support of LOOR & Broad Reach at the Broad Reach tent. <u>All welcome</u>
14:00	19:00	Mount Gay x CHK Rum Pour - Hosted by Will French of CHK Real Estate On the west boardwalk of PCYC All Welcome
17:00	18:15	Tech Talks under the tent <u>All welcome</u> See details below for schedule.
17:30	20:30	PCYC LO300 BBQ. <u>All welcome.</u> See details below for details. Chart Room has limited menu during the BBQ.
19:00		Mandatory Participants Meeting under the tent. <u>All welcome.</u>
		Draws at the end of the Mandatory Participants Meeting.
		LO300 Olympics starts right after the draws. <u>All welcome.</u>

Saturday – July 11th

START	END	ACTIVITY
07:00	11:00	Complementary LO300 Breakfast for Participants
07:30	11:00	Complementary LO300 Breakfast for Participants and now open for PCYC members to purchase tickets
08:45		Piper salutes the departing boats

10:20		First warning for Single Handed/GLSS Solo Challenge
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TECH TALK SCHEDULE

TIME	TOPIC	WHO	FROM
17:00	PSC & Women's Keel Boat Racing	Murray McCullough	Ontario Sailing
17:10	Drones and Yacht video's	Kevin Flynn	A Shot Across the Bow
17:20	Toronto Search and Rescue, Ready to Help	Ryan Lippert	Toronto Search and Rescue - Marine
17:30	Electronic Finishes for LO300	Graham Dougall	LOOR
17:40	Load Cells and Soft Shackles	Shane Paleshi	Indie Marine

FRIDAY LO300 BBQ

Menu

DRY RUBBED 1/2 CHICKEN
 ~ 40 CREEK & DIANA BBQ SAUCES~
 CORN ON THE COB
 PIT BEANS
 SALAD BAR INCLUDING...
 CAESAR SALAD - PICNIC COLESLAW
 PASTA SALAD - POTATO SALAD
 FRESH ROLLS & BUTTER AND
 ASSORTED COOKIES

\$32.50++ PLEASE PRE-ORDER VIA E-MAIL WITH DAVE SUTMAN AT DAVIDS@PCYC.NET RESERVATIONS TAKEN UNTIL WEDNESDAY JULY 8TH.

LIMITED TICKETS AVAILABLE DAY OF

LO300 Breakfast

Menu

SCAMBLED EGGS
 BACON & TURKEY BREAKFAST SAUSAGE
 HOME FRIES
 FRESH FRUIT SALAD
 ASSORTED MUFFINS
 COFFEE & TEA

Complementary for LO300 Racers. \$17.50 ++ for purchase by others after 07:30.

LOOR Flag Ceremony 17:30 EDT, Saturday, July 18th at LSYC

This year's joint SHTR/LO300 Flag Ceremony is again being held at [Lakeshore Yacht Club \(LSYC\)](#), 76 Colonel Samuel Smith Park Dr, Etobicoke, ON M8V 4B7.

If you want to purchase the Flag Ceremony Dinner, this must be done by 19:00 EDT, Tuesday, July 14th [HERE](#). Remember this is a BYOB event, i.e., no bar service.

The food will be available after 18:00.

Buffet Menu

Rice & Peas

Jerk Chicken

Stew Beef

Curry Vegetables

Coleslaw

Beef & Vegetable Jamaican Patties

Payment in advance required by 19:00 Tuesday, July 14th via eTransfer to terencewkuehn@gmail.com.

\$38.00 + HST (Total: \$42.94)

Please thank and support our sponsors

